Potential and Kinetic Energy Worksheet

Identify if the example is potential energy or kinetic energy.

| 1- A stretched rubber band A stretched rubber band is an example of potential energy. | 9- A bird sitting on an egg is an example of potential energy. |
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| 2- Shooting a basketball Shooting a basketball is an example of kinetic energy. | 10- A parked car is an example of potential energy. |
| 3- Sledding down a snowy hill Sledding down a snowy hill is an example of kinetic energy. | 11- A satellite orbiting Earth is an example of kinetic energy. |
| 4- A charged battery is an example of kinetic energy. | 12- Swimming in a pool is an example of kinetic energy. |
| 5- A gymnast doing a backflip is an example of potential energy. | 13- A stick of dynamite is an example of potential energy. |
| 6- An eagle flying through the air is an example of kinetic energy. | 14- Birthday candles burning is an example of potential energy. |
| 7- A phone sitting on a desk is an example of potential energy. | 15- A diver standing at the edge of a pool is potential energy. |
| 8- A roller coaster going through a loop is an example of kinetic energy. | 16- A slingshot pulled back is an example of kinetic energy. |